

SCIENTIFIC
PROGRAM



2nd

SJÖGREN
EUROPE PATIENTS
CONFERENCE
2025

**Connecting Minds,
Changing Lives**

10-11

OCTOBER 2025

LARNACA, CYPRUS

LORDOS BEACH HOTEL

For more information

www.sepac2025.com



INFORMATION AT A GLANCE

Organising by



Sjögren Europe Board

President: **Katy Antonopoulou (Greece)**

Vice President: **Ana Vieira (Portugal)**

General Secretary: **Coralie Peter Bouillot (France)**

Treasurer: **Joyce Koelewijn-Tukker (The Netherlands)**

Member: **Mascha Oosterbaan (The Netherlands)**

Destination

Larnaka, Cyprus

Dates

Friday, 10 October 2025

Saturday, 11 October 2025

Venue

Lordos Beach Hotel

Dhekelia Road, Larnaca 7081, Cyprus

Attendance Type

The conference will be held exclusively with in-person attendance. All arrangements will adhere to applicable public health and safety regulations governing scientific meetings.

Participation Details

The conference is addressed to Sjögren Europe members, patients with similar autoimmune rheumatic diseases, physicians and other healthcare professionals.

Registration

Registration is mandatory for participation. Interested individuals must complete the online registration form available at www.sepac2025.com. Registered participants will be able to join the following services according to their submitted preferences.

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INFORMATION AT A GLANCE

- Conference material
- Access to all scientific sessions
- Access to registered workshops
- Participation in coffee and lunch breaks
- Participation in dinners (*if applicable*)

Videos on demand

The conference proceedings will be made available as on-demand video sessions, accessible shortly after the event concludes.

Conference Website

www.sepac2025.com

Administration - Communication - Secretariat



Alpha Public Relations & Integrated Marketing S.A

A Health Communications Agency

55th, Pytheou Str, GR 11743 Athens

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SEPAC2025 Conference Liaison

Mrs Niki Mita (n.mita@apr.com.gr)



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DAY1

FRIDAY, OCTOBER 10, 2025

Setting the Stage & Driving Research Forward

09:15 - 09:30 **Welcome & Opening Remarks**

09:30 - 10:00 Opening Keynote

Main Conference Hall Triton II

10:00 - 11:00 Panel Discussion

Main Conference Hall Triton II

What Makes or Breaks a Sjögren Clinical Trial?

11:00 - 11:30 Break & Networking

11:30 - 12:30 Breakout Workshops

Workshop A: Designing Better Clinical Trials

Parallel Hall Triton I

Workshop B: Self-Management Tools That Work

Main Conference Hall Triton II

Workshop C: Oral Hygiene in Practice

Parallel Hall Arethousa

12:30 - 12:45 Conclusions from the Workshops

12:45 - 13:45 Lunch & Networking

13:45 - 14:15 Expert Talk

Main Conference Hall Triton II

Biomarkers & Precision Medicine: Can We Predict Who Will Benefit?

14:15 - 15:00 Panel Discussion

Main Conference Hall Triton II

Why Are We Still Waiting? Exploring the slow pace of drug development for Sjögren

15:00 - 15:15 Wrap-Up Day 1

Main Conference Hall Triton II

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DAY 2

SATURDAY, OCTOBER 11, 2025

Unmet Needs, Empowerment & Advocacy

09:15 - 09:45 **Morning Plenary** *Main Conference Hall Triton II*

The Gaps We Live With: What Patients Are Still Missing

09:45 - 10:30 **Panel Discussion** *Main Conference Hall Triton II*

Mental Health in Sjögren: Time to Stop Ignoring It

10:00 - 11:00 **Break & Networking**

11:00 - 12:00 **Breakout Workshops**

Workshop A: Workshop A: Shared Decision-Making That Works

Parallel Hall Triton I

Workshop B: Advocating for Policy Change in Europe

Main Conference Hall Triton II

Workshop C: The Silent Strength: Caregivers in the Journey with Sjögren's

Parallel Hall Arethousa

12:00 - 12:15 **Conclusions from the Workshops**

12:15 - 13:15 **Lunch & Networking**

13:15 - 14:00 **Interactive Session** *Main Conference Hall Triton II*

Living With Sjögren: Daily Self-Management Tips From Real People

14:00 - 14:45 **Closing Panel** *Main Conference Hall Triton II*

How Do We Bridge the Gap: From Awareness to Action

14:45 - 15:00 **Closing Remarks** *Main Conference Hall Triton II*