

SCIENTIFIC
PROGRAM



2nd SJÖGREN EUROPE PATIENTS CONFERENCE 2025

**Connecting
Minds,
Changing
Lives**



10-11

OCTOBER 2025

LARNACA, CYPRUS

LORDOS BEACH HOTEL

www.sepac2025.com



DAY1

FRIDAY, OCTOBER 10, 2025

Setting the Stage & Driving Research Forward

09:00 - 09:15 Registration & Networking

Foyer Triton Hall (Ground Level)

09:15 - 09:30 Welcome & Opening Remarks

Main Conference Hall Triton II

Katy Antonopoulou - S.E Board

Souzi Makri - PARE V.P.

Angelos Tropis - Senior Officer of the Health Insurance Organisation (HIO)

09:30 - 10:00 Opening Keynote

Main Conference Hall Triton II

"Turning Pain into Purpose" - The story of Sjögren's Australia

Speaker: **Gavin Marshall**

10:00 - 11:00 Panel Discussion

Main Conference Hall Triton II

What Makes or Breaks a Sjögren Clinical Trial?

Moderator: **Joyce Koelewijn-Tukker**

Speakers: **Chiara Baldini, Valérie Devauchelle - Pensec, Roy van Heesbeen, Coralie Peter Bouillot**

11:00 - 11:30 Break & Networking

11:30 - 12:30 Breakout Workshops

*Parallel Hall
Triton I*

Workshop I: Designing Better Clinical Trials

Moderator: **Coralie Peter Bouillot**

Speakers: **Andreas Goules, Lúcio Alves**

*Main Conference
Hall Triton II*

Workshop II: Self-Management Tools That Work

Moderator: **Katy Antonopoulou**

Speakers: **Despina Yannouli, Celeste Chiasson, Andri Phoka**

*Parallel Hall
Arethousa*

Workshop III: Oral Hygiene in Practice

Moderator: **Joyce Koelewijn-Tukker**

Speakers: **Luke Chatzis, Patti Slojkowski, María del Carmen Herreros**

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Setting the Stage & Driving Research Forward

12:30 - 12:45 **Conclusions from the Workshops I,II,III** *Main Conference Hall Triton II*

Katy Antonopoulou, Coralie Peter Bouillot, Joyce Koelewijn - Tukker

12:45 - 13:45 **Lunch & Networking** *"Atlantis" Restaurant (-1 Sea Level)*

13:45 - 14:30 **Expert Talk** *Main Conference Hall Triton II*

Biomarkers & Precision Medicine: Can We Predict Who Will Benefit?

Moderator: **Coralie Peter Bouillot**

Speakers: **Samuel Bitoun** (*pre recorded*), **Geoffrey Urbanski, Nathan Foulquier**

14:30 - 15:00 **Panel Discussion** *Main Conference Hall Triton II*

Why Are We Still Waiting? Exploring the Slow Pace of Drug Development for Sjögren

Moderator: **Katy Antonopoulou**

Speakers: **Valérie Devauchelle - Pensec, Thorsten Olski** (*pre recorded*)

15:00 - 15:15 **Wrap-Up Day 1** *Main Conference Hall Triton II*



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DAY 2

SATURDAY, OCTOBER 11, 2025
Unmet Needs, Empowerment & Advocacy

09:15 - 09:45 **Morning Plenary** *Main Conference Hall Triton II*

The Gaps We Live With: What Patients Are Still Missing

Moderator: **Katy Antonopoulou**

Speakers: **Chiara Baldini, Coralie Peter Bouillot**

09:45 - 10:30 **Panel Discussion** *Main Conference Hall Triton II*

Mental Health in Sjögren: Time to Stop Ignoring It

Moderator: **Joyce Koelewijn-Tukker**

Speakers: **Albert Freedman, Georgios Mikellides, Coralie Peter Bouillot**

10:30 - 11:00 **Break & Networking**

11:00 - 12:00 **Breakout Workshops**

*Parallel Hall
Triton I*

Workshop IV: Shared Decision-Making That Works

Moderators: **Joyce Koelewijn-Tukker, Mascha Oosterbaan**

Speakers: **Souzi Makri**

*Main Conference
Hall Triton II*

Workshop V: Advocating for Policy Change in Europe

Moderator: **Katy Antonopoulou**

Speakers: **Neil Betteridge, Marios Kouloumas**

*Parallel Hall
Arethousa*

Workshop VI: The Silent Strength: Caregivers in the Journey with Sjögren's

Moderator: **Coralie Peter Bouillot**

Speakers: **Igor Medojevic, Victoire Bouillot, Andri Phoka**

12:00 - 12:15 **Conclusions from the Workshops IV, V, VI** *Main Conference Hall Triton II*

Katy Antonopoulou, Coralie Peter Bouillot, Joyce Koelewijn - Tukker, Mascha Oosterbaan

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DAY 2

SATURDAY, OCTOBER 11, 2025
Unmet Needs, Empowerment & Advocacy

12:15 - 13:00 **Lunch & Networking**

"Atlantis" Restaurant (-1 Sea Level)

13:00 - 14:00 **Interactive Session**

Main Conference Hall Triton II

Living With Sjögren: Daily Self-Management From individual's experience

Moderators: **Joyce Koelewijn-Tukker, Coralie Peter Bouillot**

Speakers: **Maria Picone, Joyce Koelewijn-Tukker, Fanny-Louise Fahsing, Lúcio Alves**

14:00 - 14:45 **Closing Panel**

Main Conference Hall Triton II

How Do We Bridge the Gap: From Awareness to Action

Moderator: **Coralie Peter Bouillot**

Panelists: **Chiara Baldini, Albert Freedman, Tugba Canturk, Malin Castleton**

14:45 - 15:00 **Closing Remarks**

Main Conference Hall Triton II



Moderators & Speakers List

Alves, Lúcio	Representative of the Portuguese League Against Rheumatism
Antonopoulou, Katy	President of the Sjögren Europe Board
Baldini, Chiara	Professor of Rheumatology, University of Pisa, Italy
Betteridge, Neil	Senior Director, Global Alliance for Patient Access (GAPPA), Chair, Global Remission Coalition, UK
Bitoun, Samuel	MD, PhD, Assistant Professor Rheumatology Department, APHP, Paris Saclay University Teaching Hospital, Paris France
Bouillot, Coralie Peter	General Secretary of the Sjögren Europe Board
Bouillot, Victoire	Caregiver, France
Canturk, Tugba	Global Advocacy Director, Rare Diseases, Amgen
Castleton, Malin	Representative of the Swedish Rheumatism Association
Chatzis, Luke	PhD, MSc, Post-doctoral Fellow, Immunologist, Internal Medicine doctor, Dpt of Pathophysiology, School of Medicine, National & Kapodistrian University of Athens, Athens, Greece
Chiasson, Celeste	Global Director of Communications and Patient Advocacy, Immunology, Novartis
Devauchelle - Pensac, Valérie	MD, PhD, Professor of Rheumatology, CHU de Brest, Université de Bretagne Occidentale, Head of the Reference Centre for Rare Systemic Autoimmune and Auto-inflammatory Diseases (CeRAINO), Brest, France
Fahsing, Fanny - Louise	Representative of the Norwegian Rheumatoid Association
Foulquier, Nathan	Autoimmunity and Immunotherapies (LBAI), Université de Bretagne Occidentale, Brest, France
Freedman, Albert	Ph.D., Licensed Psychologist, Chicago, Illinois, USA
Goules, Andreas	Assistant Professor, Department of Pathophysiology, School of Medicine, National & Kapodistrian University of Athens, Greece

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Moderators & Speakers List (cont.)

Herreros, María del Carmen	Representative of the Spanish Sjögren's Association
Koelewijn-Tukker, Joyce	Treasurer of the Sjögren Europe Board
Kouloumas, Marios	Honorary President Cyprus Federation of Patients's Associations (CyFPA), Cyprus
Makri, Souzi	EULAR Vice-President PARE, Vice-President Cyprus League of People with Rheumatism, EUPATI fellow, Cyprus
Marshall, Gavin	Firefighter, Founder and Director of Sjögren's Australia, Patient advocate
Medojevic, Igor	Chairman of Rheumatism Association Montenegro - NGO RAM, Montenegro, Serbia
Mikellides, Georgios	MD, PhD, FRCPsych, CCT (UK) Consultant Psychiatrist, Director, Centre for Repetitive Transcranial Magnetic Stimulation, rTMS, Clinical Associate Professor, University of Nicosia, Cyprus
Olski, Thorsten	Senior Scientific Officer at European Medicines Agency, Amsterdam, The Netherlands
Oosterbaan, Mascha	Member of the Sjögren Europe Board
Phoka, Andri	President AGORA Federation, and of Cyprus League of People with Rheumatism, Cyprus
Picone, Maria	Co-Founder/CEO, TREND Community, Philadelphia, PA, USA
Slojkowski, Patti	RDH, Registered Dental Hygienist, Chicago, Illinois, USA
Urbanski, Geoffrey	MD, MPH, MME, PhD, Adjunct Assistant Professor, Dpt of Immunology and Allergology HUG, Geneva, Switzerland, Dpt of Orofacial Sciences University of California, San Francisco, USA, Laboratory of Translational Immunology CMU-UNIGE, Geneva, Switzerland
van Heesbeen, Roy	PhD, Director, Clinical Development, Late Development, Immunology, J&J Innovative Medicine
Yannouli, Despina	Certified Mindfulness Teacher, Supervisor and Teacher Trainer (Breathworks, UK), Athens Greece



INFORMATION AT A GLANCE

Organising by



Sjögren Europe Board

President: **Katy Antonopoulou (Greece)**

Vice President: **Ana Vieira (Portugal)**

General Secretary: **Coralie Peter Bouillot (France)**

Treasurer: **Joyce Koelewijn-Tukker (The Netherlands)**

Member: **Mascha Oosterbaan (The Netherlands)**

Destination

Larnaca, Cyprus

Dates

Friday, 10 October 2025

Saturday, 11 October 2025

Venue

Lordos Beach Hotel

Dhekelia Road, Larnaca 7081, Cyprus

Main Conference Hall

Triton II Hall (Ground Level)

Workshop Halls

Triton I Hall (Ground Level)

Triton II Hall (Ground Level)

Arethousa Hall (Ground Level)

Attendance Type

The conference will be held exclusively with in-person attendance. All arrangements will adhere to applicable public health and safety regulations governing scientific meetings.

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INFORMATION AT A GLANCE

Participation Details

The conference is addressed to Sjögren Europe members, patients with similar autoimmune rheumatic diseases, physicians and other healthcare professionals.

Registration

Registration is mandatory for participation. Interested individuals must complete the online registration form available at www.sepac2025.com. Registered participants will be able to join the following services according to their submitted preferences.

- Conference material
- Access to all program sessions
- Access to registered workshops
- Participation in coffee breaks
- Participation in lunches and dinners (*if applicable*)

Videos on demand

The conference proceedings will be made available as on-demand video sessions, accessible from Sjögren's Europe official website shortly after the conference concludes.

Conference Website

www.sepac2025.com

Administration - Communication - Secretariat



Alpha Public Relations & Integrated Marketing S.A.

A Health Communications Agency

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SEPAC2025 Contact Person

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SPECIAL THANKS

A special thanks to our SEPAC 2025 sponsors for their unwavering support of Sjögren's patients

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The logo for Amgen, featuring the word "AMGEN" in a bold, blue, sans-serif font. NOVARTIS
The logo for Novartis, consisting of a stylized orange and blue symbol followed by the word "NOVARTIS" in a blue, sans-serif font.The logo for Johnson & Johnson, with the company name in a red, serif font.

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Transforming
patients' lives
through science®

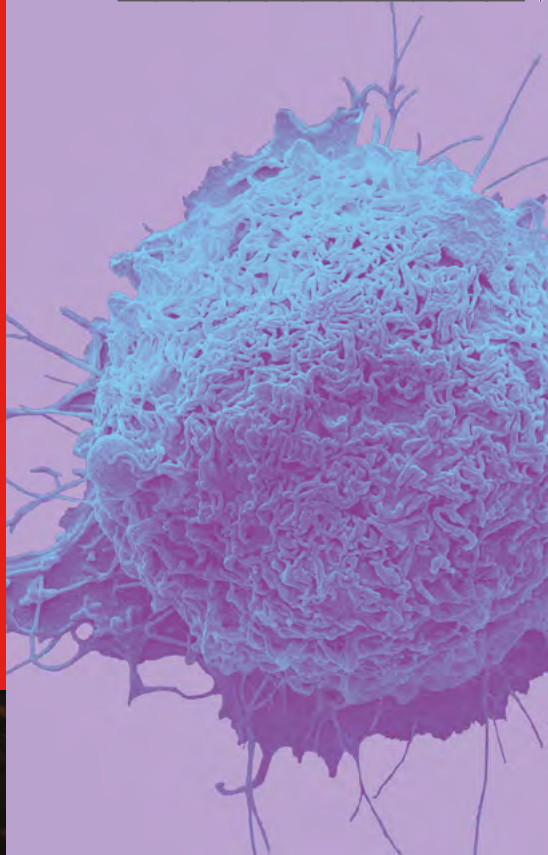


We are proud to support Sjögren Europe.

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We believe health is everything



We're working at the intersection of science and technology to build a world where complex diseases are prevented, treated and cured. Where treatments are smarter and less invasive. And solutions are personal.

Learn more at
<https://innovativemedicine.jnj.com/emea/>.

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